

## 40 Self-Coaching Questions for Creative Christians

Here's a tip: You'll get the most out of these questions if you write down your answer, or have a friend ask you.

Please feel free to contact me if you'd like to further explore any of these questions!

### Questions

Does the space where you create enhance or hamper your creativity?

Whose creative work do you want to learn more about? Why?

When do you feel most fulfilled as an artist?

What unnecessary limits have you placed on your art?

What will you do with the opportunities life gives you to learn and grow?

What step(s) can you take to refill your creative well?

If your internal fears or insecurities are overwhelming you, what one step can you take to move forward?

What activities give you energy?

How are you building rest into your schedule?

What amount of time do you need to commit to your creativity?

What goals have you set for your work?

Do you revisit your goals and modify as needed?

What support or accountability will help you stay disciplined or focused?

What holds you back from reaching your creative potential?

To what degree will you be authentic in your art?

What are your unique talents?

How do your talents and gifts tie into your life purpose?

How are you overcoming self-resistance in your art?

How can you best maintain your artistic output?

What type of person are you attracting?

What stories do you tell yourself?

What good thing are you thankful for today?

What limit might you place on an upcoming project to enhance your creativity?

Whose art will you experience in the next two weeks?

If you haven't already, what day will you celebrate your self-identity as an artist?

What do you know in your heart about God's goodness? Describe it.

What idols capture your heart?

What has God crafted you to do?

How will you use your gifts to please God?

What does the Bible say about God as an artist?

What does the Bible say about you and me as artists?

How will you apply what the Bible says about these things to your life?

How has sin affected your creativity? How can you address it?

When you look back on your life, how did your art bring joy to God?

How will your art draw from an infinitely abundant and diverse God?

How will you nurture and care for what God has given you?

How will your art glorify God and knit your heart closer to his?

What steps will you take to journey to this future? When will you take your next step and what will it be?

In what ways does God's salvation and strength apply to you as an artist?

If you were to describe what it means for you to be wonderfully made by God, how far would you go?